

PHYSICAL EDUCATION NEWS



Term 2, 2015

Welcome back everyone to Term 2 at Hamlyn Banks Primary School. What an awesome start to Term 2 we have had with our FOOTY COLOURS DAY. It was so great to see all students in their favourite teams colours and to have Mitch Duncan and Tom Reed join us was a bonus! Just a reminder to all parents and students that in Physical Education it is essential that students come to class with appropriate footwear (runners), appropriate clothing (preferably shorts, pants or skorts, avoiding dresses and kilts on PE days) and a positive attitude with a willingness to be involved and try their best.

Prep

Our prep's did such an great job in Term 1 and are improving with every lesson. We have now established procedures and class rules to make the most of our learning time. Prep students now understand what we need to do to ensure we are safe and respectful in Physical Education. We have done a lot of running, catching and throwing and will now start to work on some of our other Fundamental Motor Skills (FMS). FMS's are the foundation movements or precursor patterns to the more specialised, complex skills used in play, games, sports, dance and gymnastics including throwing, catching, running, kicking, bouncing, striking etc. We will focus on kicking skills this term and introduce the bounce as well.

Learning Focus – running, catching, throwing, bounce, kick

Grade 1 & Grade 2

In Term 2 we will continue to develop our Fundamental Motor Skills and focus on performing them with increasing accuracy and using them in a number of new game situations. This term we hope to introduce more and more games that will encourage more strategic thinking and tactics coming into play.

Learning Focus – afl skills, soccer skills, catching and throwing

Grade 4 & 3

In Term 2 we have our 3-6 Athletics. It is one of my favourite events of the year and parent/family support is highly appreciated. We will work on all events in class time so students feel confident in their skills on the day and know what is expected of them. As student's FMS's are well developed by this stage, we continue to expose them to as many sports as possible so they have the opportunity to learn to new things and possibly even become involved in these sports outside of school.

Learning Focus – athletics, basketball, soccer

Grade 6 & 5

The Grade 6/5' s have another very VERY busy start to Term 2 preparing for Athletics and the Winter Lightning Premiership. Our focus will be on Athletics Events in class and AFL, Soccer, T-Ball and Netball in both class and our 6/5 Sport Hour to ensure all students are confident in their skills, have a good understanding of the rules and more complex strategies.

Term 2 Events

AFL Footballer Visit – 14th April

District Cross Country – 17th April

Winter Lightning Premiership – AFL & Soccer 20th May

Netball & T-Ball 27th May

3-6 Athletics – 6th May

Divisional Cross Country – 26th May

Our Physical Education expectations

Be Safe and Respectful

Display Good Sportsmanship

Have a GO!!

Try your best

And we can all have FUN!!!