Welcome!!

I am really looking forward to seeing what amazing things students achieve in 2016 in Physical Education. Just a friendly reminder to all parents and students that in Physical Education it is essential that students come to class with their hat (in terms 1&4), appropriate footwear (runners), appropriate clothing (preferably shorts, pants or skorts, avoiding dresses and kilts on PE days) and a positive attitude with a willingness to be involved and try their best.

Prep

Welcome to our brand new preps for 2016!! I cannot wait to teach you all sorts of new skills. In Term 1 we will learn the ropes of Physical Education, establish procedures and class rules to make the most of our learning time. Prep students will learn to be safe and respectful in Physical Education and begin to form the basics of the Fundamental Motor Skills (FMS). FMS’s are the foundation movements or precursor patterns to the more specialised, complex skills used in play, games, sports, dance and gymnastics including throwing, catching, running, kicking, bouncing, striking etc.

Learning Focus – safety, spatial awareness, playground safety and awareness, running, catching, throwing
Grade 1 & Grade 2

Welcome back Grade 1’s and 2’s! In 2016 we will continue to develop our Fundamental Motor Skills and focus on performing them with increasing accuracy and using them in a number of new game situations. Students will be reminded of our school values of safety and respect and be encouraged to display these values in every Physical Education class. Grade 1’s and 2’s will also be involved in a Hockey Clinic in Term 1 to introduce them to a new sport.

Learning Focus – safety, running, catching, throwing, playground safety and awareness

Grade 4 & 3

Welcome back Grade 4/3’s!! In Term 1 we have our Annual House Cross Country Run at the Tom McKean Track. It is always a great event and parent/family support is highly appreciated. We will also be holding our Athletics in Term 1. This term will be preparing students to these two events. Student will have a Cross Country/Athletics Journal that will be bring to each class and track their performance in events. They will set goals and see if they improve over the term. I can’t wait to see what this group of students will achieve this term.

Learning Focus – cross country, athletics events

Grade 6 & 5

Like most terms for the Grade 6/5’s, they have asuper busy start to the year with the Annual House Cross Country Run, Athletics and the first Lightning Premiership competition (kanga and softball) all in Term 1 this year. This term will be preparing students to these three events. Student will have a Cross Country/Athletics Journal that will be bring to each class and track their performance in events. They will set goals and see if they improve over the term. I can’t wait to see what this group of students will achieve this term.

Our Physical Education expectations

Be Safe and Respectful
Display Good Sportsmanship
Have a GO!!
Try your best
And we can all have FUN!!