

PHYSICAL EDUCATION NEWS

Term 1, 2017



Welcome!!

Mr Thompson and Mrs Devcic are excited about being the PE Teachers at Hamlyn Banks Primary School this year. We have had a terrific start to the year and have enjoyed meeting all of the 2017 classes. We are really looking forward to seeing what amazing things students achieve in 2017 in Physical Education. Just a friendly reminder to all parents and students that in Physical Education it is essential that students come to class with their hat (in terms 1&4), appropriate footwear (runners), appropriate clothing (preferably shorts, pants or skorts, avoiding dresses and kilts on PE days) and a positive attitude with a willingness to be involved and try their best.

Prep

Welcome to our brand new preps for 2017!! We cannot wait to teach you all sorts of new skills. In Term 1 we will learn the ropes of Physical Education, establish procedures and class rules to make the most of our learning time. Prep students will learn to be safe and respectful in Physical Education and begin to form the basics of the Fundamental Motor Skills (FMS). FMS's are the foundation movements or precursor patterns to the more specialised, complex skills used in play, games, sports, dance and gymnastics including throwing, catching, running, kicking, bouncing, striking etc.

Learning Focus – safety, spatial awareness, playground safety and awareness, running, catching, throwing

Grade 1 & Grade 2

Welcome back Grade 1's and 2's! In 2017 we will continue to develop our Fundamental Motor Skills and focus on performing them with increasing accuracy and using them in a number of new game situations. Students will be reminded of our school values of safety and respect and be encouraged to display these values in every Physical Education class.

Learning Focus – safety, running, jumping, skipping, catching, playground safety and awareness

Grade 4 & 3

Welcome back Grade 3/4's!! In Term 1 on Tuesday February 28th we have our Annual House Cross Country Run at the Tom McKean Track. It is always a great event and parent/family support is highly appreciated. We will also be holding our Athletics in Term 1 on Tuesday March 14th at Goldsworthy Athletics track. This term will be preparing students to these two events. They will set goals and see if they improve over the term. I can't wait to see what this group of students will achieve this term.

Learning Focus – cross country, athletics events

Grade 6 & 5

Like most terms for the Grade 5/6's, they have a super busy start to the year with the Annual House Cross Country Run, Athletics and the first Lightning Premiership competition (Kanga cricket and softball) all in Term 1 this year. This term we will be preparing students to compete in these three events. They will set goals and see if they improve over the term. I can't wait to see what this group of students will achieve this term.

DIVISION SPORT: SWIMMING AND TENNIS

If you are a high level swimmer (squad level) or tennis player (one of the best juniors in your club), are turning 9 or over and you are interested in competing at a high level school competition please see Mr. Thompson as soon as possible. The upcoming Division sports are a very competitive event but, if you are a high level competitor we could enter you in these competitions but entries close soon.

NETBALL, BASKETBALL, AFL AND SOCCER ELITE PLAYERS

For elite players in Netball, Basketball, AFL and Soccer there is an opportunity to attend trials for the Victorian teams. This is strictly for High Level players and these players must be endorsed by the school PE teacher. If you think your son/daughter is of an elite standard they is an online registration process through the School Sports Victoria Website. There is a fee for applying but you will need to communicate with Mr. Thompson regarding your possible inclusion.

Term 1 Events

Cross Country – Grades 3-6 – Tuesday 28th of February

Summer Lightning Premiership – Half 5/6's Wednesday 22nd
March (Stead Park)

Athletics – Grades 3-6 - Tues 14th of March

OUR PHYSICAL EDUCATION EXPECTATIONS

BE SAFE AND RESPECTFUL

DISPLAY GOOD SPORTSMANSHIP

HAVE A GO!!

TRY YOUR BEST

AND WE CAN ALL HAVE FUN!!!