

PHYSICAL EDUCATION NEWS

Term 1, 2015



Welcome!!

I am so excited to be starting another school year at Hamlyn Banks Primary School and am looking forward to all the awesome things we have in store for our students in 2015. Just a reminder to all parents and students that in Physical Education it is essential that students come to class with their hat (in terms 1&4), appropriate footwear (runners), appropriate clothing (preferably shorts, pants or skorts, avoiding dresses and kilts on PE days) and a positive attitude with a willingness to be involved and try their best.

Prep

Welcome to our brand new preps for 2015!! I cannot wait to teach you all sorts of new skills. In Term 1 we will learn the ropes of Physical Education, establish procedures and class rules to make the most of our learning time. Prep students will learn to be safe and respectful in Physical Education and begin to form the basics of the Fundamental Motor Skills (FMS). FMS's are the foundation movements or precursor patterns to the more specialised, complex skills used in play, games, sports, dance and gymnastics including throwing, catching, running, kicking, bouncing, striking etc.

Learning Focus – safety, spatial awareness, playground safety and awareness, running, catching, throwing

Grade 1 & Grade 2

Welcome back Grade 1's and 2's. Hope your break has been magnificent! In 2015 we will continue to develop our Fundamental Motor Skills and focus on performing them with increasing accuracy and using them in a number of new game situations. Students will be reminded of our school values of safety and respect and be encouraged to display these values in every Physical Education class. We also have our Learn to Swim Program running in Term 1 so be sure to return your Permission Notes and make the payment as promptly as possible.

Learning Focus – safety, running, catching, throwing, playground safety and awareness

Grade 4 & 3

Welcome back Grade 4/3's !! 2015 will be an awesome year for you all, I just know it! In Term 1 we have our Annual House Cross Country Run at the Tom McKean Track. It is always a great event and parent/family support is highly appreciated. We will also start our Sporting Unit's including Kanga Cricket and T-Ball for Term 1. As student's FMS's are well developed by this stage, we will endeavour to expose them to as many sports as possible so they have the opportunity to learn to new things and possibly even become involved in these sports outside of school. We also have our Learn to Swim Program running in Term 1 so be sure to return your Permission Notes and make the payment as promptly as possible.

Learning Focus – cross country, kanga cricket, t-ball

Grade 6 & 5

Welcome back 6/5 students!! Like most terms for the Grade 6/5' s, they have a very VERY busy start preparing for the Annual House Cross Country Run and the first Lightning Premiership competition of the year. Our focus will be on Kanga Cricket and Softball to ensure all students are confident in their skills, have a good understanding of the rules and more complex strategies.

Term 1 Events

Division Swimming & Team VIC Trials - Qualifying students

Cross Country – Grades 3-6 – Tuesday 24th of February

Learn to Swim Program – Grade 1-4 2nd-13th March

Summer Lightning Premiership – Half 6/5's 20th March

Our Physical Education expectations

Be Safe and Respectful

Display Good Sportsmanship

Have a GO!!

Try your best

And we can all have FUN!!!